

Well prepared means being well covered

Vol.2
sanitary goods version
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Vol.2 In the right place!

By Mari TAKEUCHI



If you have cloth masks, you should have **1-2 boxes of spare disposable masks**. Decide where to store both of them.

[Sanitary goods in short supply due to the spread of infection to date]

Masks Disinfectant

Gargles
Disposable gloves
Sanitizing wipes
Baby wipes



It is recommended that you stock up on the above sanitary goods on a routine basis. Other sanitary items that are recommended to stock include first aid kits, diapers, sanitary products, and emergency toilets.

The shortage of masks and disinfectants during the first wave of COVID was serious. These shortages also occurred during the 2009 H1N1 influenza pandemic. In this second part of our series, we will look at the preparation of sanitary goods.

EVERYONE CHECK!!



Being organized is more important for people who:

- ☐ Have large families
- ☐ Are usually busy and don't have time to tidy up



We asked a professional life organizer!

Tips for storing stockpiles

Labeling bags and shelves will reduce the number of lost items. For miscellaneous items such as masks and antiseptic solutions, it is recommended to gather like objects in a bag or basket.

Tokushima Life Organizing Lab
Mari Takeuchi



Effective use of paper bags!
Convenient for collecting small items!

Sort thoroughly using labels and separating by type



Collect in a basket and put it on the shelf!

Make use of baskets that allow you to see the contents inside!

The basics of tidying up are to keep like with like, separate different things, and put them in their proper place. The smaller the item, the more consciously you should decide where to put it!

**Don't worry on your own when you have a problem
Call the "Consumer Hotline" 188!**

Nationwide
Number

188



Consumer Affairs Agency
Consumer Hotline 188
Image Character
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We will guide you to local consumer affairs centers and local government consumer affairs inquiry counters.